



My Leadership Story Mudmap for 2017

Use these sheets to take notes and respond to the end of session prompts about how you are going to apply what you've learnt in each session to your leadership role as it will be in 2017

You can write, draw or doodle – just put something down and then think about what small action you could take to make this happen, or at least to get it started.

Session 1 – Using EI to achieve professional and personal goals

Emotional Intelligence impacts, without exception, your thoughts, decisions and actions, and is fundamental in your professional and personal goal trajectory and achievement.

END OF SESSION PROMPT...

Which EI Competency do I want to focus on in 2017?

What 3 actions can I take to build this competency?



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Session 2 – Creating Presence to Lead – Your Way

Creating personal presence and confidence is critical for leaders in any field; ensuring that you are seen, heard and valued for what you have to offer.

END OF SESSION PROMPT...

The key 'presence practice' I'm going to apply and make a habit of - so that I show up in a consistent and authentic way in 2017 is..... And the 2 situations I am going to experiment with are.....

Session 3 – Making Change to Make a Difference

In health and human services, it's a real challenge to make changes that improve things for staff and consumers – and stick. People who can translate plans into practice have more opportunities for being heard, accelerating their career and feeling as if they're making a real contribution.

Learn the essential components of change that make a real difference.

END OF SESSION PROMPT...

Who will you make a real difference to in 2017? What strategies will you use?



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Session 4 – Exploring your leadership style and skill

This session helps you to explore your own beliefs and skills related to the important leadership factors of emotional intelligence, using evidence, and giving and receiving feedback.

END OF SESSION PROMPT...

Our natural tendency is to protect ourselves from threats to our standing in the eyes of others. This makes it difficult for us to ask for and receive genuine feedback on our leadership skills. Yet this feedback is essential in enhancing our leadership abilities. To follow-up this session, you should aim to ask for feedback as often as possible, especially from those you trust. To help you sharpen your skills in this area, prepare three open ended questions (such as ‘What could I do to make your job easier?’) that you will begin to ask the people you work with on a regular basis.

Each time you ask for this feedback, do not defend or explain yourself – give yourself time to reflect - and then decide if this is feedback that you want to use in enhancing your leadership style and skill.

Session 5 – Leading in a gendered world: unconscious bias and other dynamics

As women we face the dynamics of gender everywhere, in leadership and management roles and as board directors. A good understanding of the dynamics of gender, how they play out, how we get caught in them, and unwittingly feed them is an essential part of the leadership toolkit.

END OF SESSION PROMPT...

Think about the one thing you can do to begin a purposeful conversation about the impact gendered comments and practices have on you and your role?

Who do you want to have this conversation with and why?

How can you best prepare yourself to have the conversation?



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